



WHERE EVERY WEEK IS SHARK WEEK!

**Team Registration Night - Tuesday, May 14<sup>th</sup> at 6:00 PM**

**Can NOT be 19 years of age on or before June 1, 2019**

**2019 Registration Costs**

**\$70.00/ Smithfield Residents** (\$10.00 Late Registration after May 28th)

**\$105.00/ Non-Smithfield Residents** (\$10.00 Late Registration after May 28th)

**\*\*\*Must be able to swim 25 yards on Front and have endurance for 30 minute practice \*\*\***

Day	Time	Ages
Monday, Tuesday, Wednesday, Friday	10:00am - 10:30am	6 & Younger
Monday, Tuesday, Wednesday, Friday	10:00am - 11:00am	7-12 Years Old
Monday, Tuesday, Wednesday, Friday	10:00am - 11:30am	13 & Over
Monday, Tuesday, Wednesday, Friday	6:00pm - 6:30pm	6 & Younger
Monday, Tuesday, Wednesday, Friday	6:00pm - 7:00pm	7-12 Years Old
Monday, Tuesday, Wednesday, Friday	6:30pm - 8:00pm	13 & Over
<b>Saturdays ARE OPTIONAL</b>		
Saturday	10:00am - 10:30am	6 & Younger
Saturday	10:00am - 11:00am	7-12 Years Old
Saturday	10:00am - 11:30am	13 & Over



For more information, please contact Laura Crumpler at 919-934-1408.

<b>Important Dates</b>		
<u>When?</u>	<u>Where?</u>	<u>What?</u>
Tuesday, May 14	SRAC	Team Registration Night
Tuesday, May 28	SRAC	First Day of Practice
Begins June 3	SRAC	AM Practices Begin
<b>Thursdays - All Regular Season Meets begin at 6:00 PM.</b>		
<b>Schedule will be announced at Team Registration Night</b>		
Saturday, July 18	SRAC	Summer Championship