



TIME CHANGE!

**REFIT and ZUMBA
Monday-Friday morning
classes are starting at**

8:30AM!
(starting Feb 1, 2021)

Weekly Schedule

REFIT M/W/F 8:30-9:30AM

ZUMBA T/TH 8:30-9:30AM

Chair Yoga M/W 10-11AM

ZUMBA W 6-7PM

WERQ Sat 9-10AM

M 6-7PM